



Health for All
MEDICAL FUND



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Zee Taw Quarter, Hpa-An, Kayin State

Health for All

2020

Activity Report

Introduction

Founded in 2015, Health for All (HFA) is a registered non-profit organisation that aims to provide access to quality health care for disadvantaged children and adults in Myanmar. HFA believes that everyone has the basic fundamental right to quality health care regardless of their age, race, gender, political or religious affiliation.

Under HFA's patient referral services program, patients are referred to partner care centres in Myanmar, with HFA supporting the cost of treatment and diagnostic tests, in addition to providing other social support services. For patients that require complex treatment not available in Myanmar, HFA refers them to their sister organisation Burma Children Medical Fund (BCMF) for assistance accessing treatment in Thailand. Additionally, HFA refers patients to BCMF, whose treatment in Myanmar are high cost.

In addition to this, HFA also provides a number of outreach services to vulnerable communities in Myanmar. Outreach activities include providing fitted wheelchairs for children and adults, providing vision tests and eyeglasses to remote communities, running reproductive health and rights workshops with youth and adults, providing reusable sanitary pads for girls and women, and providing stationery support to remote schools in Karen State. Through our services, HFA hopes to contribute towards the wellbeing and happiness of patients, their families and their communities.

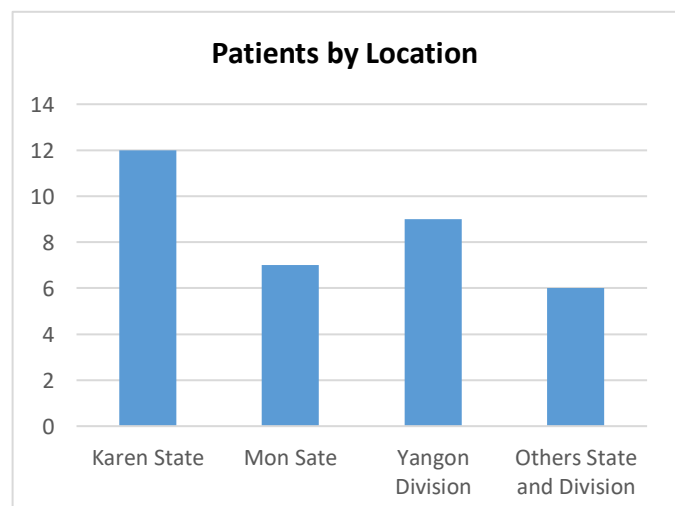
Health for All's Objectives

HFA aims to provide access to health care for underserved individuals by financially supporting their surgical fees and diagnostic fees. HFA also aims to provide social support to underserved communities with limited access to adequate care. In doing so, HFA improves patients' health, which in turn promotes the wellbeing of their family members and communities. To implement activities and to achieve its objectives, HFA works with partner organisations. The following are the objectives of HFA:

1. To expand the referral services program in Myanmar
2. To build partnerships with new and existing partner organisations to reach more underserved communities and individuals
3. To build the capacity of HFA staff and staff from partner organisations

1. Patient Referral Services

HFA coordinates with community-based partner organisations, such as Annada Myintta Charity Clinic in Hpa-An, Karen State and Kyungyi Parahita Youth Development Centre in Htantabin Village, Yangon Division. HFA also receives patient referrals from partner care centres Mawlamying Christian Leprosy Hospital in Mawlamyine, Mon State, and Pin



Lon Hospital in Yangon for treatment. In addition to this, HFA receives and refers patients to its sister organisation, Burma Children Medical Fund in Thailand. In 2020, a total of **34** patients, **19** females and **15** males, were supported by HFA. Most of the patients were from Karen State, with most needing treatment from a cardiac condition. The rest of the patients resided in Mon State, Yangon Division, and other states and divisions.

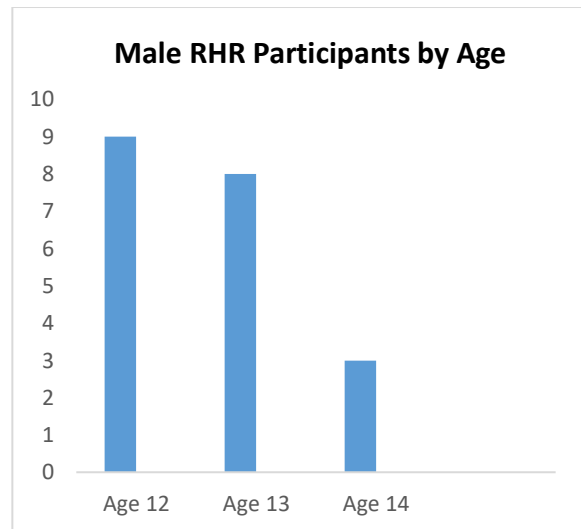
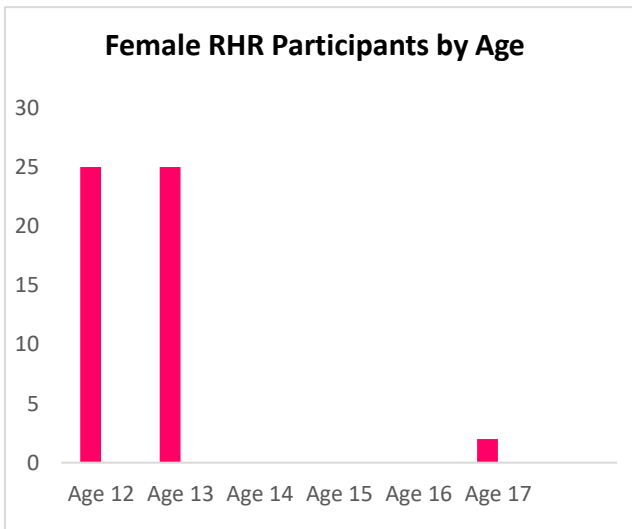
| Patients' Conditions | Number of Patients | | Total |
|----------------------|--------------------|--------|-------|
| | Male | Female | |
| Cardiac | 4 | 10 | 14 |
| Ophthalmology | 2 | 2 | 4 |
| Urological | 3 | 1 | 4 |
| Musculoskeletal | 4 | 1 | 5 |
| Gastrointestinal | 0 | 2 | 2 |
| Other | 2 | 3 | 5 |
| Total | 15 | 19 | 34 |

2. Capacity Building and Health Education

2.1 Reproductive Health and Rights Workshop



A reproductive health and rights (RHR) workshop was conducted upon the request of local villagers in Kan Oo Village, Yesagyo Township, Magway Division. The workshop took place on 17 February 2020, and a total of **72** students attended. Two workshop sessions were held - one for **52** girls and the other for **20** boys. During both workshop sessions, the participants learned about adolescent health, puberty, sexually transmitted diseases, and personal hygiene. During the workshop session for female participants, HFA staff provided health education about the menstruation cycle and menstrual hygiene management. In addition to this, **all** the female participants received reusable sanitary pads made by Days for Girls Australia. The reusable sanitary pads were donated by sister organisation Burma Children Medical Fund.



2.2 COVID-19 Health Education



With the outbreak of COVID-19 in Myanmar, HFA worked with partner organisations to provide health education on the prevention the new virus. On 20 October 2020 HFA held a COVID-19 prevention workshop for **42** male dormitory students at Kyaung Gyi Parahita Youth Development Centre in Htantabin Township, Yangon Division. During the workshop, students learned how the virus is transmitted and about preventive measures they can take, including proper hand washing methods and following social distancing guidelines. HFA provided the workshop participants with a total of **8** large bottles of hand gel and **100** disposal face masks, donated by Burma Children Medical Fund.

3. Conclusion

Due to the global pandemic brought forth by COVID-19, HFA postponed some of its planned activities. However, despite the limitation, HFA was able to carry out its main objective of supporting patients' access to health care. HFA plans to continue providing outreach services to vulnerable communities in Myanmar. Such as, eye screening activities, Reproductive Health and Rights training, Child Protection awareness training, COVID-19 contact tracing and tracers' ethics training, fitting and providing wheelchairs and mobility carts for people in need in Karen State and other parts of Burma as needed. HFA will continue patients' referral service to providing access to healthcare for disadvantaged in 2021.

HFA Patients and Projects by Location in 2020

